

Tro o amgylch cyffiniau tref hynafol a diddorol yw hon. Awn ar hyd yr arfordir cyn troi am hen strydoedd sydd wedi cadw'u patrwm Canol Oesol. Ymlaen drwy dir glas a thros y bryncyn yn ôl drwy gaeau amaethyddol at yr arfordir drachefn. Mae'n cynnig golygfa newydd rownd pob cornel.

Manylion y daith

Amcan o hyd: 6.4km/4 milltir.

Amcan o'r amser: 2 awr.

Map AO: graddfa 1:25 000 Explorer 253.

Man cychwyn/gorffen: Maes parcio traeth Nefyn, SH302 407.

Mynediad a chyfleusterau

Parcio: Maes Parcio Ffordd Dewi Sant, Nefyn; lle i 30 car, LL53 6DU.

Bws: Gweler gwasanaeth Bws Arfordir Llŷn: 01758 721 777; oddrwsiddrws@yahoo.co.uk

Toiledau: Ar ben y lôn i'r traeth.

Lluniaeth: Caffi ar y stryd ac uwch y traeth a lle paned yn yr amgueddfa; Gwesty Nanhoron a bwytaï Indiaidd yn cynnig bwyd a diod.

Nodwch

- Gall y llwybr drwy Gae Pysgodyn fod yn **wlyb** ar adegau, felly mae angen esgidiau addas.
- Braslun yw'r map hwn. Argymhellir defnyddio'r **map AO** uchod.
- Cofier gadw at y Côd Cefn Gwlad: **Parchwch, Diogelwch, Mwynhewch** naturalresources.wales/media/3598/cod-cefn-gwlad.pdf

6 Cylchdaith Nefyn



Cyfarwyddiadau'r gylchdaith

O'r maes parcio uwch y traeth, cerddwch yn ôl i gyfeiriad Ffordd Dewi Sant Nefyn/Morfa Nefyn. Ar ben yr allt, cyn cyrraedd y briffordd, trowch i'r chwith ar hyd Rhodfa'r Môr ac yna mae llwybr yn dilyn yr arfordir cyn troi am ganol yr hen dref. Heibio hen eglwys y Santes Fair, ac yna byddwch yn gweu ar hyd nifer o strydoedd cefn difyr cyn mynd ymlaen am Gae Pysgodyn. Oddi yno, mae dringfa fer i ben bryncyn, croesi priffordd A497 a dilyn llwybrau drwy gaeau amaethyddol yn ôl i gyfeiriad yr arfordir. Croeswch y ffordd B4417 rhwng Nefyn a Morfa Nefyn ac yna dilynwch Lôn Pwll William at lyn bychan. Cadwch gydag ochr chwith y pwll a mynd ymlaen at ben allt y môr gyda golygfeydd braf o Borth Nefyn. Yna yn ôl ar hyd Lôn y Traeth i'r maes parcio.

Mannau o ddiddordeb

Mae **hen dref Nefyn** ① wedi bod yn dref o statws ers Oes y Tywysogion Cymreig. Er iddi dderbyn siarter frenhinol gan goron Lloegr yn 1355, yn wahanol i Gonwy a Chaernarfon, ni fu ymgais i danseilio'r boblogaeth Gymreig yma a chreu coloni o fewnfudwyr breintiedig. Bu'n dref farchnad ac yn borthladd prysur am ganrifoedd.

Mae **Amgueddfa Forwrol Llŷn** ② wedi'i lleoli yn hen eglwys y dref (www.amgueddfa-forwrol-llyn.co.uk). Dethlir treftadaeth y rhan hon o arfordir Gwynedd drwy'r casgliadau diddorol a gafodd lety yn Eglwys y Santes Fair, sydd â'i sylfeini'n dyddio'n ôl i'r chweched ganrif ac a oedd ar un adeg yn ganolfan bwysig ar Lwybr y Pererinion. Adnewyddwyd adeiladau'r amgueddfa yn sylweddol yn 2014. Yn y fynwent sy'n amgylchynu'r eglwys, mae beddi llawer o forwyr a chapeiniaid Nefyn a'r ardal leol. Mae Amgueddfa Forwrol arall ar y cei ym Mhorthmadog (gweler Cylchdaith 15).

Siâp hirgul y cae sy'n gyfrifol am yr enw **Cae Pysgodyn** ③. Yr enw swyddogol arno yw 'Cae Iorwerth' yn dilyn ymweliad Edward I â Nefyn. Cynhaliodd hwnnw dwrnament yno yn 1283 i ddatlu ei fuddugoliaeth dros dywysogaeth Gwynedd.

Mae **Porth Nefyn** ④ yn cadw blas o ddylanwad y môr ar yr ardal hon. Mae'n gilfach diddorol a fu'n brysur o ran y diwydiant pysgota penwaig ac adeiladu llongau ar un cyfnod. Tri phennog yw arfbais Nefyn a dyna brif gynnyrch y dref. Byddai'r pysgotwyr yn hwylio mor bell ag arfordir Iwerddon i rwydo penwaig – erbyn 1910 roedd 40 o gychod pysgota 18 troedfedd o hyd yma, gyda chriw o bedwar pysgotwr ym mhob un. Adeiladwyd llawer o dai mawreddog Nefyn gan gapeiniaid llongau. Roedd honno yn alwedigaeth nodedig ar y glannau hyn hyd ddiwedd oes y llongau hwyliu – roedd cynifer â deg ar hugain o gapeiniaid yn byw yma ar un adeg.

Mae **Bragdy Cwrw Llŷn** ⑤ i'w weld mewn parc busnes ar Ffordd Dewi Sant, B4417. Bragdy lleol ydi hwn, yn cynhyrchu cwrw go-iawn ac yn cynnig teithiau ymweld o amgylch y gweithdy, cael cip ar y broses o fragu a chael

cyfle i brynu cynnyrch a swfenirau yn y siop nwyddau yno. Ymysg y poteli cwrw sydd ar werth yno mae Brenin Enlli, Cochyn a Seithenyn sy'n defnyddio hanes a chwedlau lleol wrth frandio.



This is a walk around the vicinity of an ancient and interesting town. Starting at the beach, we turn inland to the old streets which retain their layout from the Middle Ages. We continue through farmland, over a hillock, back through more farmland and to the coast, with this walk offering a different view around every corner.

Walk details

Approx. Distance: 6.4km/4 miles.

Approx. Time: 2hrs.

OS Map: 1:25 000 scale Explorer Map 253.

Start/Finish: Nefyn beach car park, SH302 407.

Access and amenities

Parking: Ffordd Dewi Sant car park, Nefyn; 30 spaces, LL53 6DU.

Bus: Llŷn Coastal Bus Service: 01758 721 777; oddrwsiddrws@yahoo.co.uk

Toilets: At the top of the road to the beach.

Refreshment: Café on the street and above the beach; tea room at the museum; Nanhoron Hotel and Indian restaurants offering food and drink.

Please note

- After wet weather, the path through Cae Pysgodyn can become **wet**, therefore appropriate footwear is required.
- This map is a rough guide only. We recommend you use the above **OS map**.
- Remember to adhere to the Countryside Code: **Respect, Protect, Enjoy**
naturalresources.wales/media/1369/the-countryside-code.pdf

6 Nefyn

Circular walk



Walk directions

From the car park above the beach, walk towards the main Nefyn/Morfa Nefyn junction but before reaching it, turn left for Rhodfa'r Môr. Walk along a path which follows the coastline before turning towards the centre of the old town. Walk past the old St Mary's Church then weave your way along several interesting back streets before carrying on towards Cae Pysgodyn. From here, climb a short ascent to the top of a hillock, cross the A497 and follow the paths through agricultural fields back towards the coast. Cross the B4417 between Nefyn and Morfa Nefyn and then follow Lôn Pwll William to a small lake. Keep to the left side of the lake and carry on to the top of the coastal hill, with its lovely view of Nefyn harbour. Then, back along Lôn y Traeth to return to the car park.

Points of interest

The old town of **Nefyn** ① has been a town of stature since the Age of the Welsh Princes. Although it was given a royal charter by the English Crown in 1355, unlike Conwy and Caernarfon, there was no effort to undermine the Welsh population here and create a colony of privileged incomers. It was a busy market town and port for centuries.

The **Llŷn Maritime Museum** ② is located within the town's old church (www.amgueddfa-forwrol-llŷn.co.uk). The heritage of this part of the Gwynedd coast is celebrated with the collections housed here in St Mary's Church. Its foundations date back to the sixth century, and it was once an important base on the Pilgrims' Trail. The museum's buildings were substantially renovated in 2014. In the cemetery surrounding the church lie just some of the many graves of sailors and captains from Nefyn and the surrounding area. There is also a Maritime Museum located on the quay in Porthmadog (see Circular Walk 15).

The name **Cae Pysgodyn** ③ derives from the long oval shape of the field. It's official name is Cae Iorwerth, following Edward I's visit to Nefyn. He hosted a tournament here in 1283 to celebrate his victory over the Principality of Gwynedd.

Porth Nefyn ④ retains a feel of the sea's influence on this area. It's an interesting cove which was once a very busy and important part of the herring fishing and ship building industries. Nefyn's coat of arms displays three herrings, as this was the town's main produce. The fishermen would sail as far as the coast of Ireland to net herring – by 1910, there were forty 18 foot long fishing boats here, with a crew of four fishermen in each one. A number of Nefyn's grand houses were built by ship captains. This was a noteworthy vocation on these shores until the end of the age of the sailing ships. As many as thirty captains lived here at one time.

The **Cwrw Llŷn Brewery** ⑤ can be found in the business park on Ffordd Dewi Sant, the B4417. This is a local brewery which produces real ale and offers visitor tours around the workplace, experiencing the brewing process and its history and offers an opportunity to buy samples and other merchandise. Amongst the local ale bottles, you will find Brenin Enlli, Seithenyn and Cochyn labels which use local stories and traditions in their branding.

